

# SLP-CDIAR Newsletter

April 2023

## *Social Determinants of Health*

**Hello again!**

Welcome back for the second installment of the SLP Cultural Diversity, Inclusion, and Anti-Racism Task-Force (CDIAR) newsletter!

We are here to provide you with information related to clinical practice and community stakeholders so YOU can continue to be a culturally-responsive SLP.

Take a moment to read, dive deeper, and enjoy!

### Reflect!

You are about to start a session with your patient...but have you ever stopped to think about how many stars aligned for them to even **access** medical care and therapy services?

**Social Determinants of Health (SDOH)** impact nearly every dimension of a clinical encounter, yet we don't talk about them enough!

Learn more about the **5 domains** below and take a moment to reflect on how the intersection of these factors may impact prevention, care, and outcomes for your patients.

#### ECONOMIC STABILITY



- steady, full-time employment opportunities and access to benefits
- affordability of food, housing, childcare and education

#### HEALTH CARE ACCESS & QUALITY



- access to insurance, a primary care provider, & preventative care
- proximity to qualified providers, pharmacies, medical supplies
- cost of prescriptions

#### SOCIAL & COMMUNITY CONTEXT



- social supports and community resources
- civic participation
- presence of discrimination
- workplace conditions
- rates of incarceration, violence, and crime

#### EDUCATION ACCESS & QUALITY



- access to high-quality schools
- barriers to participation in school
- access to post-secondary education
- cost and access to extracurriculars

#### NEIGHBORHOOD & BUILT ENVIRONMENT



- reliable, accessible transportation
- safety of air quality & water levels
- exposure to hazards (e.g., noise, secondhand smoke)
- access to healthy food & exercise

One of **Healthy People 2030's** overarching goals is specifically related to SDOH, specifically to "Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all." **Click the logo for more:**



### How does this relate to our role as speech-language pathologists?

According to ASHA, "**Cultural responsiveness** includes **understanding** and **appropriately including and responding to the combination of cultural variables** an individual brings to interactions...By **identifying and addressing someone's SDOH along with their functional status and personal goals**, clinicians can create **achievable, sustainable plans.**"

[Read More!](#)

### Did you know?

20% of health is determined by health care; 80% of health is by a person's social determinants of health! (Hood, Gennuso, Swain, & Catlin, 2016)

## Listen!

### ASHA Voices Podcast: The Critical But Unseen Social Determinants of Health

"On ASHA Voices, Hersh talks about what she's learning about how social determinants of health influence patients' lives and health, and shares the specific ways she's modified her care to be better informed by these factors."

Listen [HERE](#)



## Watch!

### What Makes Us Healthy? Understanding the Social Determinants of Health

Watch [HERE](#)



## CDIAR Question Corner

### Real scenario presented:

"My patient does not speak English and reported that he isn't getting the appropriate supports while ordering meals. He is also on a modified diet. Has anyone had a similar situation? What would be the best way(s) to resolve this issue?"

### Responses and solutions provided:

- Notify food services and interpreter services of gap in provision of care
- Identified need for training of food services staff in use of translation resources (i.e. cyracom phone line, VRI cart)
- Support ordering during SLP sessions if possible

### What would you do?

If you have situations, feedback, comments, or questions to share with the group, see the contact options listed at the end of the newsletter.

## Act! Tools for Practice

- **Interview** your patients to better understand their **lived experiences**. This will assist in constructing **patient-centered care plans** and **discharge recommendations**.
- Be careful to **not** make assumptions about a patient based on the information available. Often we **do not know unless we ask!**
- Check out the social needs screening tool below to see ways to start the conversation.
- Enlist the help of colleagues to address some of the issues that may surface from the screening tool, such as in interdisciplinary team conference.

### Social Needs Screening Tool [HERE!](#)

KEEP AN EYE OUT FOR UPDATES FROM I.D.E.A. COUNCIL ON A SCREENING TOOL THAT WILL BE AVAILABLE IN CERNER!

To learn more about SLP-CDIAR, offer feedback, or ask questions (judgment free), please reach out!

Email: [CDIAR@sralab.org](mailto:CDIAR@sralab.org)



Anonymous form [HERE](#)

